### 1997 GENERAL MULTI-SYSTEM EXAMINATION

**Body Area/System and Elements of Examination**

- **Constitutional**
  - Vital Signs (3 of the following 7): height, weight, temperature, pulse, respiration, sitting or standing blood pressure, supine blood pressure.
  - General appearance

- **Eyes**
  - Inspection of conjunctiva & lids
  - Examination of pupils & irises
  - Ophthalmoscopic examination of optic disc/posterior segment

- **Ears Nose Mouth Throat**
  - External inspection of ears & nose
  - Otoscopic examination of external ear & tympanic membrane
  - Assessment of hearing
  - Inspection of nasal mucosa, septum & turbinates
  - Inspection of lips, teeth & gums
  - Examination of oropharynx: oral mucosa, salivary glands, palates, tonsils, tongue & posterior pharynx

- **Neck**
  - Examination of neck
  - Examination of thyroid

- **Respiratory**
  - Assessment of respiratory effort
  - Percussion of chest
  - Palpation of chest
  - Auscultation of lungs

- **Chest (breasts)**
  - Inspection of breasts
  - Palpation of breasts & axillae

- **Cardiovascular**
  - Palpation of heart
  - Auscultation of heart
  - Examination of:
    - carotid arteries
    - abdominal arteries
    - femoral arteries
    - pedal pulses
    - extremities for edema &/or varicosities

- **Gastrointestinal**
  - Examination of abdomen for notation of masses or tenderness
  - Examination of liver & spleen
  - Examination for presence or absence of hernia
  - Examination of anus, perineum & rectum
  - Obtain stool sample for occult blood test when indicated

- **Genitourinary**
  - Male
    - Examination of penis
    - Examination of scrotal contents
    - Rectal exam of prostate gland
  - Female
    - Pelvic examination of:
      - External genitalia & vagina
      - Urethra
      - Bladder
      - Cervix
      - Uterus
      - Adnexa/parametria

- **Lymphatic**
  - Palpation of lymph nodes in 2 or more areas:
    - Neck
    - Axillae
    - Groin
    - Other

- **Musculoskeletal**
  - Examination of gait/station
  - Inspection &/or palpation of digits & nails
  - Examination of joints/bones/muscles of 1 or more of the following 6 areas:
    1. Head & Neck
    2. Spine, Ribs & Pelvis
    3. RUE
    4. LUE
    5. RLE
    6. LLE
  - The examination of the area must include:
    - Inspection for defects/asymmetry
    - Assessment of ROM -- note any pain
    - Assessment of stability/dislocation
    - Assessment of muscle strength & tone

- **Skin**
  - Inspection of skin & subcutaneous tissue
  - Palpation of skin & subcutaneous tissue

- **Neurologic**
  - Note any cranial nerve defects
  - Examination of deep tendon reflexes
  - Examination of sensation

- **Psychiatric**
  - Description of patient’s judgment
  - Assess mental status, including:
    - Orientation to time/place/person
    - Recent & remote memory
    - Mood & affect